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Fall 2002

### Loma Linda Nurse - Vol. 11, No. 02

Loma Linda University School of Nursing

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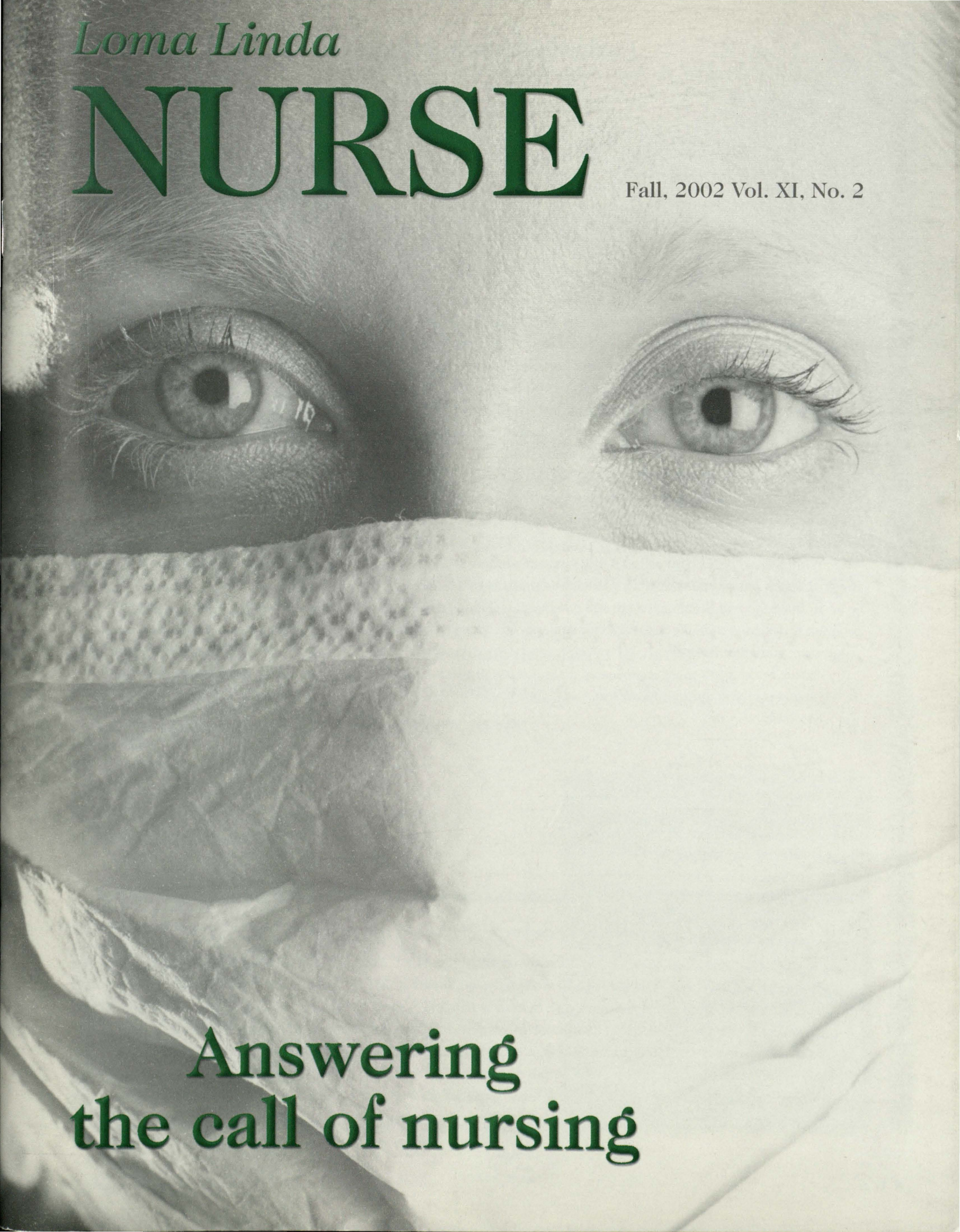
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*Loma Linda*

# NURSE

Fall, 2002 Vol. XI, No. 2



Answering  
the call of nursing



Dear Alumnus,

The change of the season is once again upon us. Summer is over and our nursing students are back on campus. Faculty members are busy teaching, advising, mentoring, and doing research.

Life's pace speeds up and we continue to strive to be the best School of Nursing possible. With 375 students enrolled this fall, we are happy to report that we are facing the new school year with confidence.

In this issue of *Loma Linda NURSE*, we are pleased to present several inspiring stories on the lives of students, faculty, and you—our alumni. You will find a special piece on one of our beloved teachers of many decades, Ms. Anabelle Mills Hills. It's still a delight to see her from time to time around the school and volunteering at the LLUSN Alumni Association's House of Thrift.

Within these pages, you will also find our annual report. God has been good and you have been generous. Our thanks to each one of you who gives back to our students and faculty. We are so grateful.

In the School of Nursing, we are still meeting the challenge of the nursing shortage head-on. Our new Bridge program is designed to make it possible for students who otherwise could not realize their dreams of becoming compassionate, Christian nurses.

As our world grows more complicated daily, it is my prayer you have peace in your life and warmth in your heart. Blessings to you during this season.

Sincerely,



Helen King, PhD, RN  
Dean, School of Nursing



### | *NURSE* receives 2002 Apex Award |

*Loma Linda NURSE*, Fall 2001 issue recently received the APEX Award. Dustin R. Jones, special projects editor, office of University relations, LLU, did the design, layout, and copy editing for the magazine, while Diana Fisher, MA, director of development, School of Nursing, served as editor.

The APEX awards are based on excellence in graphic design, editorial content, and the overall effectiveness of communication. More than 5,800 entries were judged this year by a panel of industry experts. They looked for outstanding works in 11 major categories. This is the 14th annual APEX competition for communications specialists. It was the first time *Loma Linda NURSE* had won this particular award.



# Loma Linda NURSE

Fall, 2002

Vol. XI, No. 2

## School of Nursing administration

### Dean

Helen King, PhD, RN

### Associate dean of the undergraduate program

Marilyn Herrmann, PhD, RN

### Associate dean of the graduate program

Lois Van Cleve, PhD, RN

### Assistant dean of finance and support services

Jeff Leeper, CPA, CMA, CIA

### Director of development

Diana Fisher, MA

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### Past president

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### Vice president for programs

Patricia Taylor Pothier, '71, '84

### President-elect

Zelne L. Zamora, '87

### Secretary

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### Treasurer

Elizabeth Bowes Dickinson, '75

## Elected and appointed officers

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Judy Halstead Earp, '75

Katty Joy French, '64

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Linda L. Levisen, '65, '72

Arlene Engevik McVoy, '51

Eva Guthrie Miller, '58B, '75

Lavaun Ward Sutton, '57B, '65

Joyce Volsch, '85, '91

Ruth Schmidt Weber, '70, '75

A message from the dean 2

*Loma Linda NURSE* news 4

LLUSN mentoring program 11

## ANSWERING THE CALL OF NURSING:

*the story of Anabelle Mills Hills* 12

LLUSN development news 16

2001-2002 donor report 17

Alumni Association President's letter 23

HOT store 25

The everyday hero feature 27

Near and far 28

In memory 29

*Loma Linda NURSE* is published biannually by the Loma Linda University School of Nursing and Alumni Association.

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Monica Lau, Getty Images



## Nursing professor receives \$100,000 research grant

**T**he National Institute for Nursing Research, a division of the National Institute for Health, is helping Betty Winslow, PhD, RN, professor of nursing, answer some very important questions. They recently awarded her a \$100,000 grant for a three-year research project aimed at discovering how family members, who are primary caregivers, choose to place relatives with Alzheimer's disease or a related disorder (ADRD) in long-term care.

"Although patient and caregiver characteristics that predict placement have been identified and some studies have examined the placement experience of frail elders," explains Dr. Winslow, "little is known about how family caregivers of relatives with ADRD decide to place their relative or how formal service providers participate in the decision."

As a health-care professional and the daughter of a parent who suffered from Alzheimer's disease, Dr. Winslow approaches her research with a deep understanding of the stress, anxiety, and complexity of institutionalizing a loved one.

"Timing of institutionalization can have consequences for patients, families, and society," says Dr. Winslow. "Premature placement may be associated



*Betty Winslow, PhD, RN*

with unnecessary stress, negative health outcomes for patients, and increased costs for society. Delaying placement can have negative consequences for caregivers and for patients."

Dr. Winslow estimates that she will spend the first two years collecting data and the third year analyzing her discoveries. She expects to interview as many as 40 families who are in the decision-making process about a family member with ADRD. She will also speak with a number of different health-care providers who are involved with helping families make placement decisions.

She plans to use a grounded theory approach for collection and analysis.

In addition to keeping LLUSN active in research, Dr. Winslow's research will be able to give valuable research

experience to students in the new doctoral program.

"Personally, I find research helps validate what I do in the classroom," states Dr. Winslow. "Doing my own research makes what I teach more reality based."

Ultimately she would like her research to produce a conceptual model that will be used as an effective tool for educating health-care professionals about their role in helping family members decide the best timing for institutionalizing a loved one.

"My findings will be used to understand the caregiver's experience throughout the placement process including how service providers influence the decision and what behaviors are found to be supportive of caregivers," says Dr. Winslow. "The research will result in theoretical refinement, education of formal service providers, and development of an intervention project directed toward primary and secondary prevention of family caregiver stress associated with institutional placement of their relative."

*If you are caring for a relative with dementia and are considering long-term care placement, you may be eligible to participate in this study. To learn more about this project, contact (909) 558-4360 extension 45447 or e-mail <bwinslow@sn.llu.edu>.*



## Sigma Theta Tau celebrates 26 years with induction ceremony

**S**igma Theta Tau International's Gamma Alpha Chapter celebrated its 26th year with an induction ceremony held June 5 in Wong Kerlee International Conference Center.

Marilyn Savedra, PhD, RN, associate adjunct professor of nursing, LLUSN, and professor emeritus, University of California at San Francisco, was the keynote speaker for the event.

Thirty-eight students, community members, and employees of Loma Linda University Medical Center were inducted into the Gamma Alpha Chapter.

Several awards were also given during the ceremony. Receiving the Clarice Woodward Award for Excellence in Writing was Jan M. Nick, PhD, RNC, assistant professor of nursing, LLUSN, and president elect for Gamma Alpha Chapter. Dr. Nick's article, "Deep Tendon Reflexes: The What, Why, Where, and How of Tapping," was accepted for publication in the *Journal of Obstetric, Gynecologic, and Neonatal Nursing*.

Nancy A. Kofoed, MS, RN, received the Research Award for her paper "Family Wellness: Concept Development with Head Start Families (part II)."



*Sigma Theta Tau International's Gamma Alpha Chapter's newest inductees pose for a picture following an induction ceremony held June 5.*

Joanna Yang, MS, RN, received the Excellence in Leadership in Clinical Practice Award.

Four nursing students received the Research Conference Sponsorship Award. Stephanie Barr, an undergraduate student, received the award for "Praying With Patients;" Terry Larson, RN, also an undergraduate student, received the award for "Dying For Care;" Fayette Nguyen, BSN, RN, a graduate student, was given the award for "Acute Pain Management in Public Schools;" and Catherine Robinson, an undergraduate student was presented with the award for "Chronic Renal Failure."

Dr. Savedra's keynote address, "What's In a Card," challenged each Sigma Theta Tau inductee

to become more than just a cardholder, and participate in the advancement of nursing.

Sigma Theta Tau International granted a charter to the nursing honor society at LLUSN in 1976. The chapter, which promotes nursing scholarship, leadership, and research, has grown from 101 charter members to almost 1,100 members.

More than a quarter million nurse scholars have been inducted into Sigma Theta Tau International since its inception in 1922. With 120,000 active members, it is the second largest nursing organization in the world. Members are active in more than 94 countries and territories, and the 406 chapters are located on 503 college and university campuses.



## Nursing professor inducted as American Academy of Nursing fellow

**L**ois Van Cleve, PhD, RN, FAAN, professor and associate dean of the graduate program in nursing, LLUSN, was inducted as a fellow in the American Academy of Nursing (AAN).

The induction was highlighted at an AAN conference in Naples, Florida, with a gala that featured 70 additional inductees.

"Being selected as a fellow is definitely an honor," states Dr. Van Cleve.

Dr. Van Cleve joins Patricia S. Jones, PhD, RN, FAAN, professor and director, Office of International Nursing, as the only AAN fellows at LLUSN. Dr. Jones was selected as a fellow in 1999.

"This gives our school recognition," says Dr. Jones. "The real benefits aren't to us, but to the school."

To even be considered for this honor, a prospective fellow must be sponsored by two individuals who are already members of the organization. The candidate is then reviewed by a fellow selection committee composed of 10 elected and five appointed members of the academy who serve two-year terms.

Dr. Van Cleve was selected as a candidate because of her scholarship and contributions to nursing in the area of pediatric pain, leadership in professional organizations, and international



*Dr. Van Cleve (left), poses for a picture with Dr. Jones following the American Academy of Nursing induction gala.*

curriculum consultation for graduate education in countries in South America and Asia.

"This is very good for the School of Nursing," says Dr. Van Cleve. "It demonstrates that our school encourages faculty members to participate and contribute to the profession of nursing nationally and around the world."

Dr. Van Cleve has been a faculty member at the School of Nursing since 1976. She received her master's degree in nursing from LLU in 1964, then served as a pediatric nursing instructor for two years at LLU, before taking time off to raise her children.

In 1985, Dr. Van Cleve received her doctorate degree in education from Claremont Graduate School, Claremont. In 1992, she did a post-doctoral fel-

lowship at the University of California, San Francisco, focusing on pain in children.

Dr. Van Cleve is a member of several professional organizations, and has held offices in many of these organizations.

Both Dr. Jones and Dr. Van Cleve point out that having two AAN fellows on faculty at one school demonstrates the significant role LLUSN faculty are playing in the profession at large.

"The contacts we make at the academy meetings are invaluable," Dr. Jones adds. "And what's more is that when these groups get together, our school is represented. It gives the school visibility and promotes collaboration."

Dr. Jones has been a professor in the School of Nursing since 1987. She has served in various administrative and nursing roles throughout the world including Singapore, the Philippines, and Hong Kong.

She received an MA in education from Andrews University, Berrien Springs, Michigan, in 1965.

In 1977, Dr. Jones received both a master's degree in medical/surgical nursing and a PhD in educational administration from Vanderbilt University, Nashville, Tennessee.

*Story continues on page 24...*



## Global Partnerships in Nursing for Wholistic Nursing Care in Africa

**T**he School of Nursing recently coordinated another major international conference in an area outside of North America, this time focusing on the continent of Africa.

The conference, sponsored by the Ralph and Carolyn Thompson Charitable Foundation, was held at the Kopanong Conference Center in Johannesburg, South Africa, from July 30 to August 1. More than 90 participants from 11 countries including South Africa, Botswana, Lesotho, Malawi, Tanzania, Kenya, Ethiopia, Uganda, Jamaica, the Philippines, and the United States attended and contributed to the daily educational events.

The conference was jointly coordinated by the Office of International Nursing and the Department of Health Ministries, General Conference of Seventh-day Adventists.

"One of the goals of the conference was to increase networking among Seventh-day Adventist nurses and nurse educators in Africa and between Africa and other areas of the world," says Patricia S. Jones, PhD, RN, FAAN, director of the Office of International Nursing and co-chair of the



*Carolyn Thompson, 1949 LLUSN alumna and conference supporter; Yvonne Fankhanel, nurse educator, LLUMC; and Sue Tallboom, nurse manager, LLUMC, help prepare PowerPoint presentations for the conference speakers.*

conference. "With the good participation from many countries we feel we are off to a good start."

The conference also aimed at examining the meaning and relevance of wholistic nursing care in African cultures. Nurses from different countries presented papers on perspectives of health, environment, being human, and nursing as a professional practice in their different contexts. The presentations were followed up with question-and-answer sessions which engaged the whole audience.

Another focus of the conference addressed current challenges in nursing practice and education in the different countries. Dr. Leana Uys, a noted nursing leader from the

University of Natal in Durbin, South Africa, gave the keynote address on "Challenges to Nursing Practice in Africa in the 21st Century." Her dynamic and informative address encouraged all nurses to respond to the challenges in their setting.

The sponsors of the five-year project, Dr. and Mrs. Ralph Thompson, support the project in very personal ways as well as financially. Carolyn Thompson, a 1949 LLUSN alumna, personally attends and contributes to the implementation of the conferences around the world. In Johannesburg, she was actively engaged in the daily management of the meetings.

School of Nursing faculty and  
*Story continues on page 24...*



## Operation Jessica continues to provide retreats for troubled youths

**B**ernadine Irwin, PhD, RN, associate professor, LLUSN, has felt the need to help troubled youth for quite some time.

While leading groups at the Youth Justice Center in San Bernardino, Dr. Irwin became acquainted with 14-year-old Jessica Salazar. Jessica soon became a friend of Dr. Irwin's.

However, on a Friday night, February 11, 2000, Jessica was kidnapped and murdered by several alleged gang members.

Dr. Irwin was deeply affected by Jessica's death.

"I recognized how much Jessica had to give, and what she could achieve with the talents she had," notes Dr. Irwin.



*A resident of Silverlake Youth Services tries an obstacle course at Pine Springs Ranch.*

Based on this tragedy, Dr. Irwin wrote *For the Love of Jessica: the story of gang kids guided from tragedy to triumph* (Millennia Publishing Company). The book documents the changes that troubled youth went through as she offered transformational programs to the youth at the center.

Since then, generous funding from Brent Martini, president of AmerisourceBergen Drug Company, support from LLUSN, and determination made Operation Jessica possible.

The program is designed to be a transformational, spiritual experience within the framework of nature for at-risk youth. The program, named in memory of Jessica Salazar, invites disturbed teens to nature retreats where they can be free from the constraints of the past and empowered to move above and beyond as they develop new possibilities for themselves.

For the third time this year, residents of Silverlake Youth Services (SYS) have been able to take part in the retreats held at Pine Springs Ranch. Silverlake Youth Services is a collection of group homes located in San Bernardino and Riverside counties. The service uses faith to bring young men into adulthood with integrity and self-awareness through personal relationships,

modeling, and the development of better decision making skills.

All of the participants from SYS were boys ages 13 to 18 on probation. Most of the residents come from single parent homes. Many of the boys even have children of their own. They were joined by several other youth from Knotts Group Homes for Teen Moms, San Bernardino.

The kids were able to mountain bike, race go-karts, hike, and run through a low and high ropes challenge course.

The retreats include several outdoor events, plus family sessions, "Above and Beyond" sessions, and praise singing.

"Above and Beyond" sessions deal with the topics of "victim/survivor," "dangerous coping" (i.e. drugs, violence, sex, etc.), "healing of wounds," "personal possibilities," and "freedom to be."

Family sessions usually involve arts and crafts, social interaction, and personal sharing.

Jonathan Henderson, pastor for young adult and campus ministries, Campus Hill Church, has attended every Operation Jessica retreat and speaks to the kids for the "Above and Beyond" sessions.

The sessions teach the young people how to move beyond the wounds of the past, and how to develop goals and plans for the future to be different.



Both the "Above and Beyond" sessions and the family sessions are planned by LLUSN students.

The Operation Jessica retreats are now held every quarter as part of a senior level class "Psych-Mental Health Nursing II."

Since students develop a passion for service learning, five former students now volunteer their time to participate in each retreat and mentor a youth.

"These kids have not had this kind of experience before," says Ronald G. Huston, PhD, MSW, MPH, chief executive officer, SYS, referring to his residents.

"Having fun in nature is a totally new concept for them," he adds. "Through this program that LLUSN supports, we are reengineering their social lives."

Ryan, a resident at SYS, liked the ropes course and the wall.

"Some of the guys even went blindfolded on the ropes course, but I wasn't too sure about doing that," he says.

This is Ryan's second placement in a youth home. Originally placed for drug abuse, he was terminated from his first home also for drug use. "Drugs just ruined my life," he states.

The program has grown considerably since the first Operation Jessica retreat. Rachelle Bennie and Marla Keller have joined the Operation Jessica program as



*School of Nursing students Marc Chavez (back row, fifth from left), Melissa Westermeyer (back row, seventh from left), Charmaine Rausch (back row, second from right), and Shaney Kottmeier (front row, second from left) pose for a picture at Pine Springs Ranch with residents of Silverlake Youth Services (SYS). Joining them is Bernadine Irwin, PhD, RN (back row, second from left), associate professor of nursing, LLUSN; and Nida Hodges (front row, left), CCW III, SYS.*

associate directors, and Marc Judd and Scott Reed are the musical directors for the program.

According to Dr. Huston, the difference that the LLUSN students and faculty are having on the boys is much more than just on their social lives.

"A few of my boys have even shown an interest in pursuing a relationship with Christ," he reveals.

Following a recent retreat, Dr. Irwin began to wonder about a follow-up program for the retreat.

"These kids experience this amazing relationship with God and with older mentors in such a way that they feel a part of a family," she says.

"But we realized that we need a program to follow up with them, make them realize the experience doesn't end just because the retreat does."

A 13-week follow-up program is currently being developed. This program will help retreat participants to continue to grow.

In May, Dr. Irwin also started monthly affirmation parties to serve as part of the follow-up to the Operation Jessica retreats.

"The kids are served a meal and then we celebrate who these kids are," says Dr. Irwin. "We remind them that there are people that believe in them."

The next Operation Jessica retreat is planned for February.



## School of Nursing combats nursing shortage with new Bridge program

Nursing shortages around the country have reached a critical point. In fact, because of its large population, California will have to find new ways to recruit more than 60,000 new nurses by the year 2020 (according to Coffman & Spetz, 1999 in *Nursing in California: A workforce crisis*, 2001).

At Loma Linda University, nursing professors are continuously finding new ways to recruit students and reach potential students who may not have considered nursing previously.

In June, 2002, Vaneta Condon, PhD, RN, associate professor, LLUSN, and Charlie Jo Morgan, PhD, RN, assistant professor, LLUSN, approached the faculty and administration of the school with a proposal for a new recruiting program that focused on disadvantaged students.

School of Nursing faculty and administration, recognizing the critical need for nurses, particularly minorities who are underrepresented in nursing, voted to develop the Bridge program for the purpose of recruiting and retaining minority or disadvantaged students in nursing.

"Our emphasis is that we need nurses," explains Dr. Condon. "There are shortages everywhere. The school hopes to address that need with this program."

The Bridge program can accommodate 20 students a year—10 students in the fall quarter and 10 students in the winter quarter.

To be considered for the Bridge program, the prospective student must have completed all prerequisites for a BS in nursing with a 2.7 GPA, testing in the 40th percentile.

The normal requirements for LLUSN admission is a 3.0 GPA, testing in the 50th percentile.

Bridge program students will be guaranteed acceptance into the regular BS nursing program at the school if they receive a grade of B in each required Bridge class.

In addition, Bridge program participants will receive special scholarships paying for half of their first quarter tuition. Students in the second quarter will receive a tuition credit of \$1,000 toward the program.

The Bridge program is a revised version of the Success in Learning: Individualized Pathways Program (SLIPP) that was previously in place.

"This is a program that the school sees value in and wants to continue," says Dr. Condon.

SLIPP was a federally funded program available from 1999 to 2002. SLIPP had similar classes and also provided academic

support to its students. Seventy-nine minority and/or disadvantaged SLIPP students were accepted in the BS nursing program during the three-year funding period. More than 92 percent of those students have been retained in the BS nursing program.

Currently, seven SLIPP students have graduated with a BS in nursing and all of the SLIPP students who have taken the NCLEX-RN licensing exam have passed on their first attempt.

Recruiting nurses of varied ethnic background has always been a challenge for schools in California.

According to the March, 1996, National Sample Survey, the ethnic make-up of San Bernardino County nurses is 85.7 percent white and 14.3 percent from other racial groups.

However, when compared with the population statistics for San Bernardino County, 46 percent nonwhite, it is clear that minorities are not adequately represented.

"We wanted to do this program to increase minority nurses," explains Dr. Condon.

"To meet the needs of minority patients, it is imperative we get minority nurses," says Dr. Condon.



## Help secure nursing's future by being a mentor

Sixteen alumni mentors so far have volunteered to share their experiences, wisdom, and friendship with LLUSN students. The availability of these mentors was announced to the nursing student body in chapel and more than fifty students responded that they would like to have an alumni mentor!

It is our hope that more alumni (or any affiliated Loma Linda nurse) will accept the call of service and volunteer to mentor one or more of the remaining students who wish to engage in this very special relationship.

Our mentees who are in need of your encouragement range from first-year students to recent graduates. If you would like to take part in this rewarding program, please fill out this application. The cost is a modest investment of your time, knowledge, and caring. We will report to you in future issues, "Mentor Moments," highlighting the stories of how mentors are affecting the lives of the next generation of nursing professionals. Join us!

Send by mail to:

Loma Linda University School  
of Nursing Alumni Association  
11262 Campus Street  
Loma Linda, CA 92354  
or

Fax to Alumni Association:

Fax: (909) 558-4134

Attn: Alumni secretary

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

E-mail address \_\_\_\_\_

Best time of day to reach me \_\_\_\_\_

Area(s) of practice \_\_\_\_\_

I would be willing to mentor (circle one): 1 2 3 students.

Years of nursing experience \_\_\_\_\_ Year(s) graduated from LLU \_\_\_\_\_

Professional memberships/contacts \_\_\_\_\_

Pastimes, hobbies, community service \_\_\_\_\_

Other information you want your mentee to know about you \_\_\_\_\_

What you would like to know about your mentee \_\_\_\_\_



# Answering the of nursing: *the story of* *Anabelle Mills Hills*

She's been described in many different ways. Some students have said she was "the best teacher of nursing and life I ever had," or that "she wasn't just a teacher, she was a friend and always someone I could count on."

When asked to describe herself however, this role model, modern day hero, and legendary teacher simply says, "I am just a person, who was doing what the Lord asked me to do."

## | the history |

Anabelle Mills Hills started her career in nursing more than half a century ago in 1945. She attended Paradise Valley and shortly after graduating from academy started working at the local hospital in Casper, Wyoming, where her family was from.

"I had some amazing experiences there," she recalls. "Well, it was during the war [World War II] and they were short of help." Ms. Hills soon realized she wanted to work at an Adventist institution and started at White Memorial Hospital the next year. She worked for about a year in the Japanese hospital because most of the Japanese were in internment camps at that time.

The next year, she was moved back to White Memorial where she worked in and taught in obstetrics. "I was about two

years ahead of those students," says Ms. Hills. "When I graduated I had told myself I wouldn't work on a medical floor, in OB, or teach; and here I was doing all of it."

She laughs a little as she remembers those first clinical teaching experiences.

"I was a supervisor for a medical floor for those four or five years, and I gained a lot of value for teaching in the School of Nursing."

## | school of nursing |

In the early 1950s Ms. Hills was hired full time for Loma Linda University's School of Nursing. Medical-surgical nursing; neurology; dermatology; eye, ear, nose, and throat; orthopedics; gynecology—these were some of the first classes Ms. Hills had to teach.

*Ms. Hills reflects on more than  
50 years of educating nurses  
at Loma Linda*

"I thought to myself, 'How am I going to do this?' but I just did it!" Ms. Hills affirms that her experiences as a medical floor nurse supervisor helped her with the first years of teaching. "I remember that when I became a medical floor supervisor, you got to wear two black stripes on your cap instead of one," says Ms. Hills. "But two weeks after I got my stripes they discontinued this tradition."

## | on to colorado |

With a good start to her teaching career in nursing, Ms. Hills was able to go to the University of Colorado (UC) at Boulder for her master's degree in 1955 when LLU offered to pay her



call

than  
ses





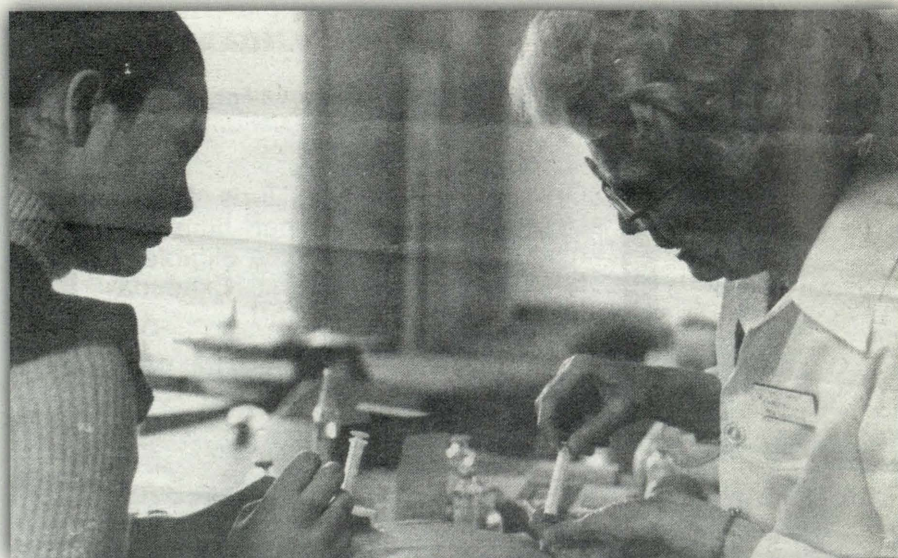
way. "I chose UC because it was near my home in Wyoming. My father had Parkinson's disease so I thought that in my spare time I could go up and help my mother take care of him," Ms. Hills remembers.

While in graduate school for one year, Ms. Hills says she learned a great deal about the importance of living what you believed. "When I first arrived at the university I thought, 'What should I do to show that I'm an Adventist?'" I got my answer when I went to the first lunch," she states. "Two classmates asked me to join them for lunch and when I did, I said grace before I ate. We said grace and ate together the rest of the time I was at Boulder."

Many of Ms. Hills' classmates were curious about her behavior. She didn't study on Saturday, smoke, or drink. While she struggled along with the rest of class in the statistics course, she passed it. Ms. Hills recalls one classmate asking her, "Do you think it's your religion that's helping you?" "Yes," Ms. Hills remembers answering. "I could not get through this one year without the Lord's help."

### | living on faith |

Always unabashed about her faith, Ms. Hills remembers one



*Ms. Hills demonstrates to Kathy Nelson, a sophomore student at the time, how to give an injection to a rubber ball.*

event that really demonstrated how she lived her values and convictions. On the Fourth of July during her year at UC, she went with some friends to nearby Boulder Creek for some much needed rest and relaxation. On the way, they stopped at the store where her friends picked up several six-packs of beer for the celebration. They said to Ms. Hills, "This one time, you're going to have to drink with the rest of us." Thinking fast, Ms. Hills saw a sign for 7-Up.

"Wait one minute," she recalls saying to her friends. When she returned with a six-pack of 7-Up, her friends questioned her. "What is that for?" "For the driver and me and whoever else wants any."

When they got to their destination, all the drinks went in the creek to cool off while they napped, walked, and relaxed.

Soon it came time for the picnic and when the drinks were retrieved, only one can of beer and Ms. Hills' six-pack of 7-Up had not floated away.

"That night I said to my friends, 'This time we are all going home sober' and everyone laughed and drank my 7-Up," Ms. Hills chuckles.

### | at loma linda |

In 1965, LLUSN moved to the Loma Linda campus and Ms. Hills moved with it. She bought an apartment close to the school (one she still lives in 50 years later) and went to work.

"When I moved to Loma Linda, they gave me a choice of what I wanted to do," says Ms. Hills. "I said I would like to teach in the nursing skills lab and I want to do it all by myself." Her goal was to make sure all the skills labs were consistent for each



group of students. Over the years, she became legendary in her teaching methods in the skills lab.

"I thought our skills lab room should be a model for the best nursing," she says. "It is in the skills lab where students really learned basic nursing and practiced it. It is in the lab you learn your basic defense against infection.

"Wash your hands!" I would say all the time. I was so picky-picky. But you have to be."

It is this caring but firm teaching that students who learned from Ms. Hills remember most vividly.

"Some students would come to me and say they weren't doing well and I would say, 'Well,

do you want your mother, father, your husband or children to have a nurse who graduated at the bottom of the barrel?'"

### | marriage |

Both a surprise to the School of Nursing and to Anabelle Mills herself, she decided to marry Floyd Hills in 1978. "I could have gotten married earlier," confesses Ms. Hills, "but I promised the Lord that I would work as a nurse for Him as long as He guided me. So I didn't think that marriage was a part of that."

It took several letters and two trips to California from Maryland where Floyd was working as a school teacher to convince Anabelle to marry him. His first wife had died of hepatitis in 1977. Anabelle had known both Floyd and his wife at Union College. With three daughters and now 10 grandchildren, Ms. Hills had an instant family and says she is grateful that her husband's family has been so warm and accepting. After much celebration, Floyd and Anabelle were married in University Church with 78 nursing student bridesmaids.

### | back at LLUSN |

After officially retiring in 1981, Ms. Hills has been asked to rejoin the LLUSN teaching staff many times. She volunteered in the skills lab as late as 1993. "I was in the skills lab again until I realized I was keeping the students a half an hour over the scheduled time because I was so

picky-picky," she states. "I figured they didn't need a picky old gray-haired lady anymore." Ms. Hills has kept busy by volunteering at the Alumni Association's House of Thrift for the past decade.

### | memories |

Despite her many years of teaching, it is the interactions with patients that Ms. Hills treasures most. "I remember one patient who had severe liver problems," recalls Ms. Hills. "She asked me to promise her one thing," Ms. Hills remembers. "She said, 'Will you hold my hand when I die? You are the nearest to an angel I will ever be.' And you know, that changes your life. When you are in an atmosphere with students and you know you are a role model for them—it does change your life."

Many nursing students' lives have been changed by Ms. Hills. Through the years, the School of Nursing, Alumni Association, and many individual classes have honored Ms. Hills. This past year during alumni weekend, three honor classes picked her as their favorite teacher and mentor.

"The Lord has been good to me and I look back on my career in nursing with a great deal of happiness," Ms. Hills smiles as she thinks of her multitude of students. "I love to see the students and am thankful they are happy to hug me when they see me."



*Jane Everett Jones, class of 1952, welcomes Ms. Hills during the Sabbath afternoon vespers program at the 2002 School of Nursing alumni weekend.*



## The making of a philanthropist

By Gary Oliver

### *dis-cre-tion-ary (adj.) funds—*

*Money able to be cautiously used given freedom of choice*

One report suggests 70 percent of Americans live from paycheck to paycheck. They have no discretionary funds; because their needs now and in the future dictate how their money will be used.

Others have more than sufficient assets to meet present and foreseeable needs. They make decisions about what to do with the extra or discretionary funds. Among the choices is one called philanthropy.

They choose to support that in which they believe, something that will produce longlasting good, relieve suffering, or mitigate a problem.

There are numerous avenues within the philanthropic world to accomplish one's desires. A will provides funds when the testator no longer has needs. An income producing trust or an annuity gives a measure of income security to the donor now and leaves a legacy of good later.

Congress encourages philanthropy with tax benefits for the donor. When discretionary funds emerge in advantageous ways, the cost of doing good is considerably reduced, making it possible to do more.

The School of Nursing is a prime candidate for philanthropy. It is involved in producing persons

who relieve suffering, mitigate health problems, and produce lasting good. We welcome the chance to share with you the many options for you to become a philanthropist. Your assistance allows us to do much more than we can do alone. Please contact Diana Fisher, director of development for the School of Nursing, at (909) 558-8682, or the planned giving department at (800) 558-6398.



*Gary Oliver is the associate director of planned giving at LLU.*

We want you to be part of the celebration! The School of Nursing has 17 sponsored Fellowships already and we don't want you to be left out. If you are interested, please fill out the form below and send it in the enclosed envelope. Or call us at (909) 558-7093 or e-mail <centennial@univ.llu.edu>.

### Please send me Centennial Fellows information!

Please use the envelope enclosed in this issue of *NURSE*.

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- ☐ I am interested in becoming a Centennial Fellow through a planned gift or other gifting avenue. Please contact me about this opportunity.



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Appearing in this issue of *Loma Linda NURSE* is the donor report for the fiscal year 2001–2002 (July 1, 2001, to June 30, 2002). For your generous gifts to our endowments, annual scholarship programs, international nursing, faculty development, and much more, we are grateful. It is continued support from our alumni and friends that make it possible for the School of Nursing to continue its mission of educating Christian nurses for the future. Thank you for your support.

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To commemorate the upcoming School of Nursing's 100th birthday during the 2005-2006 school year, the following individuals have made a special commitment. They have become Centennial Fellows. With commitments of \$20,000 or more to the Centennial Endowment Fund, these generous donors have caught the vision of creating a better future for the School of Nursing. We are deeply grateful for their gifts.

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*Karen A. Allen, PhD, RN, chair, department of nursing, Andrews University, Berrien Springs, Michigan, delivers her address, titled "Make Your Mark Count" at the conferring-of-degrees ceremony for the School of Nursing.*

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*2002 School of Nursing graduate Maureen Merza and members of her family pose for a picture in front of Drayson Center after conferring-of-degrees.*



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## | centennial celebration |

### Coming next year to a city near you!

Your alumni association president and some board members are coming out next summer to meet you. We are coming to honor you as alumni and celebrate the 100th birthday of the School of Nursing coming in the year 2005–2006. We will need help coordinating with you for a place to meet, so stay tuned to the *Loma Linda NURSE* for more information on dates and cities. We are looking forward to seeing you. LLUSN is grateful for all the work you have done to continue the mission of the School of Nursing.



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 Ruth Tym Phillips  
 Carol Piliero  
 Faye Heath Pitman  
 Beverly Lin Poon  
 Brenda Porco-Smith  
 Edward Porter  
 Anna Taber Poynter  
 Florence Pragasam  
 Sharon Paddock Preszler  
 Beverly Ward Price  
 Jacquelyn Black Puckett  
 Jennifer Quandt  
 Marie Greene Radcliffe  
 Adeline Myers Rader  
 Kathryn Raethel  
 Sally-Jo Pulsifer Rapstad  
 Yvonne Bryan Rechberger  
 Marie Hershberger Reeves  
 Claire Slepnikoff Reid  
 Michael Rettig  
 Anna Gilley Rhodes  
 Eleanor Kirkpatrick Rice  
 Jill Latimer Rich  
 Vivienne Mountain Rich  
 Jose Richardson  
 Judith Riemer  
 Delma Mock Rigsbee  
 Lenoa Dunn Rios  
 Lynette Flemmer Rivinius  
 Sharon Nomura Robie  
 Harry Robinson Sr.  
 Velma Jean Knauss Robinson  
 Michele Erick Robinson-Higbee  
 Holly Rochford  
 Naomi Rohrig-Davidson  
 Ara McDaniel Roland  
 Esther Rose  
 Cindra Rowell  
 Phyllis Underwood Rowlett  
 Geneva Smith Ruckle  
 Valrie Rudge  
 Marie Jackson Ruminson  
 Stephanie Salgado  
 Jessie Lathrop Salido  
 Beverly Sammon  
 Earla Wood Sanz  
 Dawna Hay Sawatzky  
 Vicki Sawzak  
 Grace Scheresky  
 Dolores Anholm Schilling  
 Janice Rockwell Schilt  
 Kelly Schlachter  
 Donna Rich Schmidt  
 Jeanette Schmidt  
 Jane Meister Schmitt

Sheila Burns Schwertmann  
 Viola Williams Scollard\*  
 Wayne Scott  
 Marjorie Davenport Sezekan  
 Dilcia Sealey  
 Marian Davenport Seeley  
 Jerrine Whitehead Seery  
 Carolyn Davis Sellow  
 Helen Seitz Seltmann  
 Virginia Vest Senner  
 Carolyn Stickle Serrato  
 Cheryl Moore Shackelford  
 Candi Schmitt Shafer  
 Sue Lambeth Shawler  
 Jan Schessler Shirley  
 Gloria Warkentin Sipes  
 Primrose Makila Sisk  
 Jeannette Skinner-Rodriguez  
 Cheryl Reinhard Smalley



*Undergraduate student Natalie Guevara is awarded the Angel of Care Award by Sylvia Stewart, PhD, RN, assistant professor.*

Lori Hashimoto Smeenge  
 Frances Rawie Smith  
 Hilda Smith  
 Eileen Wangerin Snell  
 Ruth Johanson Sommer  
 Marjorie Fults Sommerville  
 Marlene Pumphrey Spady  
 Elaine Wilson Spalding  
 Faith Reim Sprengel  
 Loree McClay Spurgeon  
 Barbara Lynes Stannard  
 Shannon Stegmaier  
 Darlene Uhrig Stevens  
 Sharon Beck Stewart  
 Brit Ghelfi Stickle  
 Evelyn Erickson Stiles  
 Heidi Hertzog Stokke  
 Cynthia Merkel Stout  
 Marjorie Yates Stowe  
 Diane Wingate Strader

Eunice Cossentine Strahle  
 Elvie Fildes Swinson  
 Violet Okamoto Takaki  
 Vivian Tamano  
 Bev Waddell Tarr  
 Bonnie Freed Taylor  
 Cheryl Nakashima Teruya  
 Nancy Swan Testerman  
 James Tetz  
 Karen Kay Tetz  
 Annette Howard Thacker  
 Bonnie Palmer Thiel  
 Sharon Thomas Ticer  
 Pamela Timothy  
 Dawn Lorenz Tohm  
 Hedwig Kneller Toombs  
 Mildred Marks Toth  
 Karen Franck Tracy  
 Evelyn Schutt Trautwein  
 Tricia Heidenreich Tremper  
 Dolores Trubey  
 Kathryn Catalano Trunkey  
 Dolores Hughesdon Turner  
 Ann Tym  
 Jo Tillman Tyson  
 Sandra Van Iderstein  
 Georgann Kindsvater Van Kirk  
 Jean Rittenhouse Vanek  
 Wanda Alves Vertrees  
 Dorene Perry Vryhof  
 Margaret Wagner  
 Ruby Lodahl Walker  
 Carrie Wallace  
 Irene Burgeson Walper  
 Carol Stevens Walters  
 Agnes Nishimori Ward  
 Evelyn Wasli  
 Ruth Watkins  
 Ruby Watson  
 Kenneth Wearner  
 Erma Haffner Webb  
 Sharon Dahl Wedin  
 Lora Wood Welch  
 Rebecca Henkelman Wells  
 Cheri Welty  
 Elsie Wendth  
 Jan Horsley Wesselmann  
 Carolyn West  
 Laurene Meyer Westerhout  
 Maureen Brennan Westphal  
 Beth Smith Whitaker  
 Carol Beckett Whiting  
 Margaret Belliveau Whitson  
 Karan Cayer Widmer  
 Mildred Pingenot Wikoff  
 Masumi Maeda Williams  
 Barry Wilson  
 Lois Gahan Wilson  
 Margaret Aaen Wilson  
 Louise Wirrell  
 Karran Kirkle Wolff  
 Lydia Lo Wong  
 Lark Abildgaard Wood  
 Diane Engelsma Woodhead  
 Lillian Natsue Uehara Yelton-  
 Morgan  
 Lynnette Peters Youngberg  
 Winifred Steimling Zerne



## | letter from the alumni association president |

Dear Alumni,

The halls and classrooms in the School of Nursing's West Hall are bustling and full of life again after the summer break. Your Alumni Association continues to strive toward the goals set in the by-laws. There are several current specific goals we are working on as well:

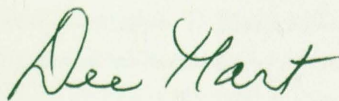
**Membership**—Our alumni board continues working toward better representation of our more recent alumni. How can we motivate you, our more recent alumni, to feel included and involved in assisting the Alumni Association in its collaboration with the School of Nursing in educating nurses for the future? If you have any ideas, please let us know. We want to know what is important to you.

**Money**—It is such a powerful factor in our current society. Money continues to be a major challenge for our students and LLUSN administration. With the 100-year anniversary coming soon, your Alumni Association is working toward the establishment of a Centennial Fellowship. As you may have read in correspondence from LLUSN, the Centennial Fellow program is the establishment of a \$1 million endowment fund to support the future of the school and help keep tuition down. Fifty Centennial Fellows of \$20,000 each would reach this goal. There are already 17 sponsored Fellowships. Thank you to those who are participating. Would you consider being part of this 100th anniversary celebration by becoming a Fellow? What about a class working together to be a Centennial Fellow? Just 40 class members could each give \$100 per year for five years and this goal could be reached.

A wide variety of methods and/or plans could be used to become a Centennial Fellow. Be creative in your contribution methods. Whether as individuals, small groups, families, or class groups, I encourage each one of you to join me and the Alumni Association in this excellent project to celebrate our alma mater's century of excellence in nursing education.

This year will go by so rapidly. With students busy in clinicals and classes, faculty trying to keep up with daily responsibilities and challenges, the year bounds by. I pray for peace and faith for you all. May this year be a time of continued growth in your relationship with God. I am looking forward to seeing you at alumni weekend.

Very sincerely,



Dynnette Hart, PhD, RN  
President  
LLUSN Alumni Association





## Global Partnerships in Nursing...

*Continued from page 7...*

Medical Center nurse leaders worked with Dr. Jones in planning the conference. Patricia Pothier, PhD, RN, assistant professor of nursing, School of Nursing, served as co-chair of the conference, and Dolores Wright, DNSc, RN, associate professor, School of Nursing, handled other designated aspects of planning and implementation. Sue Tallboom, nurse manager, and Yvonne Fankhanel, nurse educator, in the Medical Center, also members of the planning committee, attended and actively contributed to the conference.

"I was inspired and challenged by the dedication and motivation of my African nurse colleagues," states Dr. Pothier. "While some of their problems may seem overwhelming, they continue to work with purpose and energy."

In 2003, the Global Partnerships in Nursing for Wholistic Nursing Care Project will focus its activities in Europe. "We are so happy with the success of these conferences," says Dr. Jones.

"With the support of the Ralph and Carolyn Thompson Charitable Foundation we are making a difference in the personal and professional lives of Seventh-day Adventist nurses around the world."



*(From left) Yayeri Nashemeza; Sue Tallboom, nurse manager, Loma Linda University Medical Center; Margaret Byakagaba; and Patricia Pothier, PhD, RN, assistant professor of nursing, pose for a picture during a break in the day.*

## Nursing professor inducted into AAN...

*Continued from page 6...*

Her post-doctoral fellowship was in theory development and family nursing at University of California, San Francisco.

The American Academy of Nursing is constituted to provide visionary leadership to the nursing profession and the public in shaping future health policy and practice that optimize the well-being of the American people. The academy identifies emerging nursing and health-care issues, promotes their scholarly exploration, challenges the status quo, and proposes creative solution.

There are several criteria for selection for fellowship. A prospective fellow must have membership in good standing in a state nurses association that holds membership in the American Nurses Association.

There must also be evidence of outstanding contributions to nursing above those which are required in one's position of employment. These might include creative efforts that have contributed to effective nursing practice; research projects that have contributed to improvement in nursing; creative development, utilization, or evaluation of specific concepts or theories in nursing education, practice, or research; authorship of books, articles, or other communication media that have had significant implications for nursing; and a significant influence in the evolution of health policy.

In 1973, when AAN was organized, fellows were limited to 500. Today, there are more than 1,200 fellows.



## HOT merchandise benefits School of Nursing students

Think you've seen everything there is to see at the HOT Secondhand Store? Think again. Manager Joni Jones is at it again, filling up the store with all new merchandise.

HOT, owned and operated by the School of Nursing Alumni Association, is a major source of student scholarships for the school.

Proceeds from the HOT store are used to help ensure nursing education for current and future School of Nursing students.

All the new and used name brand clothing, accessories, toys, books, furniture, appliances, and collectibles are donated from community members, School of Nursing alumni, and even students. Most of the labor done at the HOT store is done on a volunteer basis.

Says Ms. Jones, "You should only come by the store if you're looking for top-quality items. You will never find 'run-of-the-mill' thrift store clothes here."

Approximately every three months Ms. Jones and her employees clear out the entire front section of the store to make room for the new merchandise that crowds the back room. The HOT Boutique, a

more specialized section of the store, is marked down and moved to the front along with the new items.

All unsold merchandise is given to ADRA International (Adventist Development Relief Agency) or a similar charity organization.

The House of Thrift (HOT) Secondhand Store is located at 24871 Redlands Boulevard in Loma Linda, right next to the Union 76 gas station. For more information on donating items or volunteering at the store, please call Joni Jones at (909) 796-2812.

### | HOT Store coupon |

**50% off  
purchase**

*24871 Redlands Boulevard,*

*Loma Linda, California*

*(Corner of Anderson Street and Redlands Boulevard)*

**(909) 796-2812**

*Coupon expires December 30, 2002.*

*Not valid with any other offer.*



## Alumni Homecoming to be held April 4 to 6, 2003, on the Loma Linda University campus

**Classes to be honored: 1953, '63, '68, '73, '78, '93**

*Tentative schedule:*

### Friday, April 4

- 4:00 p.m. Welcome Back. Registration and reception in West Hall. Tours of the School of Nursing.  
Evening Class reunions planned by individual classes

### Saturday, April 5

- 8:30 a.m. Participation in worship services and Sabbath School  
1:15 p.m. Salad luncheon (potluck) at the Campus Cafeteria  
5:00 p.m. Vespers at the Campus Chapel (adjacent to Loma Linda University Church)  
6:30 p.m. Wong Kerlee International Conference Center  
Registration continues  
Honor class pictures  
7:15 p.m. Banquet begins

### Sunday, April 6

- 10:00 a.m. Kathryn Jensen  
Nelson Brunch  
(for invited guests)

Please call our Alumni Association's administrative secretary at (909) 558-1000 extension 45437 if you desire additional information. Also, if you let the alumni office know of your plans, they can share information with any of your classmates.

Online  
Giving

HAVE YOU USED OUR NEW EASY  
AND SECURE ONLINE GIVING  
OPTION?

TRY IT OUT AT  
[www.llu.edu/llu/nursing/alumni](http://www.llu.edu/llu/nursing/alumni)



## The everyday hero

**W**hat is an everyday hero? An everyday hero is a nurse who continues to uphold LLU's mission in his/her career in nursing. We want to celebrate the many everyday heroes from our University.

We want to honor several alumni who are everyday heroes. We want this tradition to carry on in future issues of *Loma Linda NURSE*, so we are asking you, the alumni, to send us names of everyday heroes. We want to honor as many as we can.

Who qualifies as an everyday hero? There are two qualifications. First, they must be an alumnus of either the undergraduate or graduate programs of Loma Linda University School of Nursing.

Second, they must be a practicing nurse in any field of nursing at any level. So staff nurses, school nurses, educators, home health nurses, and others—let us know who you are! If you know of someone who is an everyday hero, tell us about him or her. Thank you for continuing our mission in your lives.

Zelne Zamora, RN, MSN  
President-elect  
LLUSN Alumni Association

*What to send us:* name, year graduated, what he/she has been doing, what he/she is doing now, family members and their names, how he/she is continuing the mission of the University, and what it means to him/her now as a current practitioner. Please send a picture, if possible.

You can email the information to: <zzamora@sn.llu.edu> or <hwood@sn.llu.edu>. You can also mail the information to: Loma Linda School of Nursing, 11262 Campus Street, Loma Linda, California 92350, Attn: Alumni Association.

### Everyday Hero

**Tara Dawn Kumar**  
CLASS OF 1991

#### *Professional experience*

Tara received her master's of science in nursing from the University of California, San Francisco, in 1994. Her professional experience includes being a staff nurse at the University of California, San Francisco; a faculty member at Dominican College School of Nursing; and a researcher at the National Council of State Boards of Nursing, Chicago, Illinois.

Currently, Tara works as an advanced practice nurse and a clinical nurse specialist in the department of medicine and nursing at Northwestern Memorial Hospital, in Chicago, Illinois.

#### *How she's carrying out LLU's mission*

"I have a true appreciation for the values of accountability, responsibility, professionalism, and caring that I learned at LLUSN. I believe the best nurses are ones that not only learn and understand theory but also understand the importance of accountability, responsibility, professionalism, and caring in their practice. LLUSN taught me these values and I am thankful that I had the opportunity to have learned and lived them while I was a student at the School of Nursing. I find that these values continue to shape my practice and I feel as though I am a better nurse as well as a better person because of them!"



**Berneice Fleck-Worth '49** has two sons, Dwight W. Winslow, LLUSM '82, and John D. Worth, a math instructor; and two daughters, Colleen D. Winslow Wiedman, an accountant, and Barbara J. Winslow, PhD, in virology. Her husband, John L. Worth passed away July 4, 2001. She praises God and thanks Him for her loving children.

**Mary Alice Harper Miller, MS '64** retired in June 2001 after serving as dean of Aurora University School of Nursing in Aurora, Illinois, for the past five years. Prior to that, she was employed at Metropolitan State College of Denver, Colorado, for almost 30 years. She had a very successful career in nursing and higher education administration and is now pursuing her interests in mammal and plant paleontology. She co-authored two books and several articles in her career. Her book, *Critical Thinking Applied to*



*Sharon Foley '72 with her husband Charles*

*Nursing*, has recently been published in German and Japanese. She is now living in Brighton, Colorado.

**Sharon Foley '72** has three sons, Randolph, Ryan, and Rudy Watkins. Randolph joined the Air Force in 1994, married in January, 2002, and is currently stationed at Travis Air Force Base in Fairfield. Ryan is married to Melissa Tamas and has a baby girl, Elysia, born February 24, 2002. Ryan is currently a senior at LLU's School of Dentistry. "We are excited to be grandparents!" she says. Rudy is 23 and graduated from La Sierra University in 2001. Sharon is working for Public Health Nurse in Lake County and loves her job. Her husband, Charles, works for a local furniture company. They enjoy going on short visits to see their sons. They love the area where they live and plan to stay there permanently. She wishes she could have returned for her 30th LLU nursing reunion.

**Janice Phillips '78** has decided to fulfill her life-long dream of mission service in Africa. For the next two years, she will be teaching nursing school at Maluti Adventist Hospital in Lesotho. She would enjoy hearing from former friends and faculty or she welcomes you to visit if you are traveling.

**Richard '80 and Tina Busby '80** have traveled out of the country extensively for their medical mission work. Richard is currently director of anesthesia services for

Mercy Ships International. Tina is also working in the health-care services department in special projects development. Their two younger children Jessica (18), and Jacob (15) accompany them in their mission work.

**Beth Ann Kelpen '87** moved three years ago to Connecticut with her husband, Richard, and 5-year-old daughter Elizabeth. This past August they had their second daughter, Victoria. Beth is now self-employed teaching growth hormone injections for a pharmaceutical company.

**Michele Robinson-Bailey '89** has been enjoying life at St. Vincent Hospital in Portland, Oregon, since 1994 as a neonatal nurse practitioner. Her kids attend Rivergate Adventist Elementary in Gladstone. Her husband, Will, LLUSD '93, is in private practice in Lake Oswego and Woodburch, Oregon.

**Andrea Tran '99** was married June 23, 2001, to Thanh Tran in Burbank. For three years, Andrea has been enjoying working as a NICU nurse at Glendale Adventist Medical Center. They recently purchased their first home in Temple City. Thanh recently graduated from CSULA, with a master's in health science, and is currently working as a health inspector for LA County.

**Linda K. Shultz '00** is studying marriage and family counseling from the Graduate School at LLU.



## LLUSN alumna killed in school shooting

**R**obin E. (Bruns) Rogers, MSN, RN, CPNP, a 1973 graduate of LLUSN, was shot and killed by a student on the morning of October 28 in her office at the University of Arizona.

Ms. Rogers was the first of three professors killed before the student killed himself.

"This tragedy has deeply saddened our Loma Linda family," says B. Lyn Behrens, MBBS, president and CEO of Loma Linda University Adventist Health Sciences Center. "We extend our sincere condolences to the family of Ms. Rogers and to the families of the other victims."

According to police, a 41-year-old student at the College of Nursing, University of Arizona, Tucson, entered the College of Nursing. Carrying a revolver and four additional handguns, the student sought out Ms. Rogers and shot her three times in her office just after 8:30 a.m.

Police say the student had recently flunked a pediatric nursing course and was failing a critical care class.

After shooting Ms. Rogers, the student traveled to a lecture hall on the fourth floor where several nursing students were taking an exam in their critical care class. Then, according to the *Arizona Republic* newspaper, the student entered the lecture hall, walked



*Robin E. (Bruns) Rogers, MSN, RN, CPNP*

up to Barbara Monroe, MS, CCRN, RN, assistant professor of clinical nursing, and spoke to her briefly before killing her.

The student then turned to Cheryl McGaffie, PhD, RN, clinical associate professor, and shot and killed her. He then ordered the students to leave the hall.

When the lecture hall was empty, he walked to the back of the classroom where he took his own life.

A few days following the slayings, an Arizona newspaper received a letter from the student that had been written weeks before he killed the three professors, detailing why he killed the teachers.

Ms. Rogers, a clinical assistant professor of the College of Nursing, was one of the charter members of the LLU's Gamma Alpha chapter of Sigma Theta

Tau, the nursing honor society.

At the completion of a senior elective in her BSN program in 1973, she received a pediatric nurse practitioner (PNP) certificate. Ms. Rogers was one of the first pediatric nurse practitioners to be certified in the nation.

She then joined the United States Air Force to practice as a PNP, serving at both Scott and Luke Air Force bases. She left the Air Force after two years to pursue other PNP options, first working as a PNP on a research project following high-risk neonates in the community, and then continuing as a PNP for Maricopa County Health Department.

In 1979, she received the neonatal nurse practitioner certificate from the University of Arizona and rejoined the Air Force, working as a nurse practitioner for the next 16 years.

In the Air Force, she directed an apnea-monitoring program; provided direct care; served as assistant family advocacy officer; and administered services as both chief of maternal-child division and chief of pediatrics element. She was named air combat consultant for pediatric nurse practitioners. After serving in Texas, Japan, California, and Arizona, Ms. Rogers left the Air Force with the rank of lieutenant colonel.

*Story continues on page 30...*



**Lucy M. Heytz '37** passed away December 31, 2001 in Modesto, California. She is survived by her husband, William; sons, Fred Wier, Vernon Wier, and Ricky Wier; daughters, Carolyn Wier and Alice Zabudsky; step-son, Bill; step-daughters, Gracie Bolmont and Glenda Wolverton; 16 grandchildren, and two great grandchildren.

**Helen Miller Gee '53** passed away March 18, 2002. She is survived by her husband, Norbert.

### | recent deaths |

**Jeanette Reese Sekiguchi '47**  
**Leona Knight McGrew, MS '73**  
**Marilynn Cathcart, MS '78**  
**Rhonda Mae Facundus, MS '94**

*Continued from page 29...*

She received her MSN from the University of Texas, San Antonio, in 1992. Her focus of study was high-risk neonate and nursing of children. Her thesis was "The Effect of Experience on Mothers' Ability to Identify the Meaning of Infant Cries."

In 1996, Ms. Rogers joined the faculty at the University of Arizona College of Nursing. Her teaching, primarily in the undergraduate program, included the acute care provider with children course; health experiences of human systems—children; and

### | tribute from a friend |

On October 28, 2002, an unimaginable event occurred in Tucson, Arizona, which took the life of my best friend of 33 years, Robin Bruns Rogers. I wish to pay tribute to my friend and what she meant in my life.

Robin and I met in 1969 as freshmen on the La Sierra University campus. We were assigned to the same dormitory and had most of our classes together. We discovered we had many interests in common and became best friends. Robin always excelled scholastically and graduated summa cum laude in 1973.

Robin had a lifelong love of learning and had a multitude of interests. We shared a love of books and never felt life was long enough to learn everything we wanted to know. We could discuss literature, history, politics, and travel plans for hours. Our greatest passions were shopping (especially antiques) and the color purple. At her funeral, many people came dressed in purple in her honor and the flowers in the church were primarily purple.

Robin loved children and dedicated her life to advocacy for improved health and welfare for children. She believed in excellence in the practice of the nursing profession. She believed in the adage that anything worth doing was worth doing right and to the best of her ability. She set high standards for herself and always exceeded them.

She represented the best that the nursing profession had to offer. She was competent, caring, capable, committed, and concerned for the future of nursing. We often talked about the nursing shortage and how important it would be to us as senior citizens (we had planned to live a long healthy life and travel extensively).

Our class of 1973 will never forget the wonderful qualities that made her so special and are so proud of her many accomplishments. She brought honor to our class and her spirit of excellence and dedication to her profession will always be remembered. A life so well lived will surely not be forgotten.

—*Nancy Lynn Hosek '73, MS, RN, CPNP*  
*Pediatric nurse practitioner*

care provider across the lifespan—families. In the graduate program, Ms. Rogers taught and evaluated assessment skills in the practitioner program, and taught content relating to pediatrics and dermatology.

She is survived by her husband Philip, and their 21-year-old twins, Jonathan and Rachel.

Memorial services for Ms. Rogers, Ms. McGaffie, and Ms. Monroe were held November 4 on the University of Arizona campus.



**LOMA LINDA UNIVERSITY**  
**SCHOOL OF NURSING**



*Loma Linda NURSE* is interested in hearing about your life since you graduated from the School of Nursing. Here are some of the things we would like to use in our alumni news section, "Near and far." We would like to know about your professional achievements, research, awards, graduations, interesting stories, what is happening in your career or family life, travel, moves, marriages, and births or deaths.

Just send or e-mail information to us, and we will write it up for you. If you have been featured in local newspapers, send us a copy of the clipping. Your story may even become the basis for a feature story.

If you have a current picture of yourself, we'd appreciate receiving that too. We look forward to hearing from you!

**First name:**

**Last name (including maiden name if applicable):**

**Year(s) of LLU graduation; degree(s) received:**

**Address:**

**City:**

**State:**

**Zip:**

**Country:**

**Home phone:**

**E-mail:**

**Spouse's name (including maiden name if applicable):**

**Children's names, birthdates, and connection to LLU (if any):**

**Here's the latest (attach a separate sheet, if necessary):**

Diana Fisher, editor,  
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llneditor@univ.llu.edu

<http://www.llu.edu/llu/nursing/alumni/nearandfar>

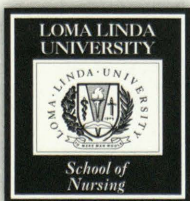


**From:**

***Loma Linda* NURSE**

Office of Advancement  
Loma Linda University  
Magan Hall, Suite B  
Loma Linda, CA 92350

TO MAIL INFORMATION TO *LOMA LINDA NURSE*, FOLD ALONG DOTTED LINES, SEAL ON THREE SIDES WITH TAPE, ATTACH POSTAGE, AND MAIL



*Loma Linda*  
**NURSE**

*Fall, 2002*

*Vol. XI, No. 2*

Loma Linda University  
School of Nursing, Office of the Dean  
11234 Anderson Street  
Loma Linda, CA 92350

